

GYM · PLANS & CLASSES

IRON TEMPLE GYM

Strength, CrossFit & personal training

Mon–Sat, 5 am – 11 pm · Sun 7 am – 12 pm

Pay by UPI

6 items listed

ABOUT THE GYM

8,000 sq ft of free weights, racks and turf.

Certified coaches, body-composition checks every month and a no-crowd early batch.

- CALL +91 00000 00000
- WHATSAPP +91 00000 00000
- VISIT Open in Google Maps
- WEBSITE mvid.cards/demo-fitness



SCAN TO OPEN OUR CARD

PLANS & CLASSES



MONTHLY MEMBERSHIP

Rs. 1,500 / month

Full gym access, all timings.



QUARTERLY MEMBERSHIP

Rs. 4,000

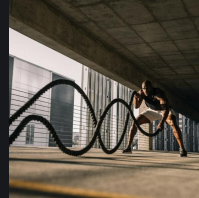
Save Rs. 500.



PERSONAL TRAINING

Rs. 6,000 / month

12 one-on-one sessions.



CROSSFIT BATCH

Rs. 2,500 / month

Morning and evening batches.



DIET & NUTRITION PLAN

Rs. 1,000

Personal plan with monthly review.



DAY PASS

Rs. 200

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JOIN